

Community Reinforcement And Family Training



What is CRAFT?

An intervention that teaches behavioral techniques to family members of those affected by substance use who are not currently seeking treatment.

CRAFT teaches families how to positively reinforce healthy behaviors to incur change and improve communication amongst one another.

The Results

Has shown to help individuals reduce their substance use.

Family members report their own positive outcomes such as lower rates of anxiety and depression.

Family members are more effective in encouraging loved ones to enter various forms of treatment than other methods.

To find a training and for more information:

Call/Text: (505) 420-3377
www.sernasolutionsllc.com