

# Break **FREE** from Opioids

## Access MOUD Services and Start Your Recovery

LOW OR NO-COST SERVICES AVAILABLE AT YOUR LOCAL PUBLIC HEALTH OFFICE (PHO)

### What is MOUD?

Has your life become unmanageable due to using opioids like fentanyl, heroin or prescription pills like oxycodone? MOUD stands for Medication for Opioid Use Disorder and uses medications that can help you manage withdrawal, reduce cravings, and help with long-term recovery.

**MOUD is offered for free or low-cost at Public Health Offices throughout the state**

**No-cost:** If you **do not have insurance**, you can enroll in the MOUD Uninsured Access Program, where you can receive full care visit and medication at no charge. The NMHealth Helpline (1-833-796-8773) can also help individuals with enrollment resources.

**Low-cost:** If you **do have insurance** (Medicaid/Medicare/Commercial), there is a copay/coinsurance for the medication.

*Additional private and community providers can be found at [PathwaysNM.org](https://www.pathwaysnm.org)*

\*Methadone is not currently available through New Mexico Department of Health PHO's

### Benefits of MOUD



Lowers risk of  
fatal overdose



Can help reduce  
relapses



Improved health  
and well-being



Improved social  
functioning



Increased odds  
for long-term  
recovery

### Additional Benefits of MOUD: Staying Protected

*It is illegal to discriminate against people because they are using MOUD. Individuals who are utilizing MOUD as a form of treatment for impairment from Substance Use Disorder are commonly considered to have a disability, and there are laws in place to protect these disabled individuals from discrimination.*

Individuals who are engaging in MOUD and are not currently using illicit substances are protected from discrimination in multiple areas.

- **Housing** (ability to live in recovery housing, halfway houses, etc.)
- **Employment** (firing/hiring/workplace conditions)
- **Social Service Benefits** (ability to receive welfare, child-care assistance, or student loans)
- **Healthcare, Education, & other Public Accommodations**<sup>1</sup>

**NMHealth** For more information or to locate a provider:

**1-833-796-8773**  
**PathwaysNM.org**